

Thirteen Canoes™

Navigating our Intuitive Gifts of Birth

Traditional Cycles of Truth and Traditional Pathways of Peace

Learn - Orange

Honour - Grey

Know - Brown

See - Rose

Hear - Black

Speak - Red

Love - Yellow

Serve - Blue

Live - Green

Work - Pink

Share - White

Thank – Purple

The Four Lower Bodies

The Spiritual Body

The Mental Body

The Emotional Body

The Physical Body